

EDMONTON MASTERS CYCLING CLUB

Graeme Dibbs Memorial – **ROAD BIKES ONLY**

MUIR LAKE COURSE – 20.0 km ITT

JULY 17th, 2019 First Rider Off: 7:31 pm Sign-on 6:30 pm

All riders must ride alone and unassisted, and neither give nor take pace from another rider.

The onus is on the overtaken rider to drop back.

The onus is on each rider to negotiate the turn safely.

BAR points awarded by Age Category based on Age Standard +/- (except Master A – actual time).

ALL RIDERS AND HELPERS MUST BE PAID-UP MEMBERS OF EMCC.

COURSE DESCRIPTION

START on RR 274 northbound, 50m north of TWP 532A intersection.

PROCEED NORTH on RR 274 for 8.5 km to a point 200m south of H633 (just south of first set of rumble strips). **TURN IN THE ROAD WITH CARE** and retrace south on RR 274 for 8.6k – **MARSHAL #1.**

TURN RIGHT, WITH CARE onto TWP 532A and proceed east 1.5 km to **FINISH**
- MARSHAL # 2.

PARKING

Park on the **EAST** side of RR 275 north of TWP 532A, well away from the intersection of TWP 532A/RR 275.

OFFICIALS/MARSHALS

TIMEKEEPER #1 START

MARSHAL #1 RR 274, 200m south of H633 (adjacent to first set of rumble strips.)

MARSHAL #2 RR 274/TWP 532A

TIMEKEEPER #2 FINISH