

EDMONTON MASTERS CYCLING CLUB

EMCC CODE OF CONDUCT

Please read the following Code of Conduct before submitting your EMCC membership application. By joining EMCC you are committing yourself to comply with and abide by this Code of Conduct.

GENERAL

- Approved hard-shell helmets **must be worn at all times** during EMCC rides and events.
- **No earphones or headphones shall be worn during any EMCC ride or event.**
- Notwithstanding any other clause in this Code of Conduct the EMCC Executive may refuse membership to or suspend membership of individuals who do not adhere to the Code of Conduct or the EMCC Executive deem their membership is not in the best interests of the club as whole.

CLUB RIDES

- Arrive early enough to LEAVE at the scheduled time.
- Ensure your bicycle is in good working order.
- Come prepared to be self-sufficient: spare tire/tubes (unpunctured, with adequate valve stem length for your rims), a working pump, adequate food and drink, appropriate clothing.
- EMCC Executive strongly recommend the use of daytime lights to enhance visibility and increase safety.
- Ride with the group that best matches your fitness and ability.
- **No more than 12 riders per group**; groups leave and ride separately.
- Obey **all** traffic control devices and traffic laws.
- Respect the rights of all other road users.
- Always ride with an emphasis on individual and group safety – ride defensively.
- Cross major highways as a group: the group must wait for an adequate gap in traffic, and then cross as a group.
- Never ride more than two-abreast, single-up whenever appropriate.
- Stay with the group. If you have to stop or turn around for any reason, TELL SOMEONE.
- In case of mechanical problems, move OFF the highway and wait for the affected rider(s).
- **RIDE SAFELY**

VOLUNTEERING

- **Each member who wishes to participate in the club races is required to personally fulfil an EMCC volunteer requirement.**
- If an EMCC member has a substitute fulfill his/her volunteer commitment at an EMCC event and that rider competes in the same event, **he/she is not eligible for any BAR or participation points in that event, and is not eligible to participate in any further events until their volunteer requirement for the current year has been completed in full.**
- If you do not fulfil your volunteer requirement in any one year you will not be eligible to race the following year until you have completed your volunteer duties from the previous year.
- The required volunteer commitment is to assist at not less than:
 - One race as the race director (responsible for running the race and supervising other volunteers who are helping at the race), OR:
 - Two races for other volunteer positions (assisting the race director).

- Your volunteer commitment must be registered with the Volunteer Coordinator for the current racing season **prior to racing your first event.**
- Volunteer commitments may be entered online (see link on Karelo and EMCC website). Any subsequent changes must be communicated to Volunteer Coordinator by email or phone)
- If you are unable to fulfill your commitment, it is YOUR responsibility to find a replacement.

RACING

- Refer to the event guide (posted on the EMCC web page) for details on each event.
- Park where indicated on the event guide.
- Arrive in time to sign on AT LEAST 10 minutes before the scheduled start time.
- Obey all traffic control devices and traffic laws; NEVER cross the centreline. All volunteer race marshals have the authority to advise the race director of those riders observed clearly across the road centerline, who shall in turn DSQ the rider(s) from the evening's event.
- Respect the rights of all other road users.
- Always ride with an emphasis on individual and group safety – ride defensively.
- Never ride more than two-abreast, single-up whenever appropriate.
- Sportsmanlike Conduct:
- Display good sportsmanship at all times.
- Never bother the timekeeper/judge for your time or place until the event is over.
- Do not abuse the volunteer officials.
- Penalties for unsafe riding and unsportsmanlike conduct: first offence – warning and loss of BAR points for the event; second offence – loss of all BAR points to date; third offence: loss of all BAR points and suspension from all EMCC events to year-end.
- Register any complaints or protests regarding the event with the race director on the night.
- Any rider who has been assessed a penalty by the race director may appeal that penalty in writing to the Executive within 48 hours, who shall make its best efforts to render the final decision prior to the next scheduled race.
- Report any errors with race results to the EMCC Events Director as soon as possible.
- **RIDE SAFELY**

OFFICIATING

Race Director:

- Acquire the EMCC race bag prior to the event.
- Ensure that the appropriate start/finish sheets, safety equipment and other equipment necessary for the race are available.
- Be familiar with the format and requirements of the race as per the event guide.
- Arrive at the race site at least one hour before the scheduled start time.
- Assign other volunteer duties.
- Assess any penalties for unsafe riding and unsportsmanlike conduct.
- Deal with any complaints or protests.
- Provide a copy of the results, details of any penalties that have been assessed, and details of any complaints or protests to the EMCC Events Director as soon as possible.
- Pass the EMCC race bag on to the next race director.

Other Volunteers:

- Report to the race director at least 30 minutes before the scheduled start time.
- Marshals are only responsible to indicate the course to the riders; it is the riders' responsibility to know and follow the course, and to ride safely.
- Marshals have no authority or responsibility to direct or control traffic on public highways in any way.
- All volunteers should report any instances of unsafe riding, especially crossing the centreline, to the race director.