

EMCC AGE STANDARD COMPETITION		PERSONAL BEST PLUS	PLUS/MINUS
Name			2009 20 km
<b>Johnson</b>	<b>Maurice</b>	<b>+11:26</b>	
Edmunds	John	+8:40	+8:40
Copeland	Bruce	+8:28	+7:59
Bigg	Peter	+8:39	+7:51
Heppleston	Peter	+8:12	+7:31
Harries	Bruce	+7:28	+7:28
Von zur Gathen	Heinz	+7:53	+7:02
Countryman	Brian	+6:27	+6:27
Watson	Dave	+6:01	+6:01
Henderson	Richard	+5:47	+5:47
Claassens	Matt	+7:16	+5:46
Kay	Heather	+5:23	+5:23
Heacock	Ed	+7:43	+5:22
McNally	Bev	+4:56	+4:56
Moses	Richard	+4:54	+4:54
Barr	Sean	+4:32	+4:18
Berg	Len	+5:10	+4:12
Maser	Peter	+3:55	+3:55
Schroder	Erich	+7:30	+3:54
Dawson-Edwards	John	+3:45	+3:45
Yeske	Jim	+3:51	+3:45
Sustrik	Gordon	+3:27	+3:27
McKinney	Sid	+5:29	+3:26
Ermantraut	Paul	+4:03	+3:22
Forbes	Fraser	+3:20	+3:20
Penney	Barb	+4:19	+3:05
Preston	Daniel	+3:14	+3:04
Doyle	Bill	+2:59	+2:59
McCalder	Allan	+2:58	+2:58
Rush	Shane	+3:15	+2:50
Irwin	George	+2:43	+2:43
McIntosh	Allan	+2:33	+2:33
Miranda	Lisa	+2:33	+2:33
Cebuliak	Dennis	+2:23	+2:23
Burton	Mike	+2:19	+2:19
Mekechuk	Joy	+5:19	+2:08
Kozak	Paul	+2:20	+1:22
Reekie	Jocelyn	+3:01	+1:21
Paton	Anna	+1:12	+1:12
Reekie	Stephan	+2:32	+1:01
Tiedemann	Rod	+2:58	+0:25
Davidson	Mitch	+2:09	-0:02
Belair	Karen	+2:46	-0:25
Langenberg	Willem	+4:10	-0:29
Christianson	Joel		-1:38
Ouimet	Harold	+0:45	-18:17