

## EDMONTON MASTERS CYCLING CLUB

### RR 220 (Joseph Lake) – 20.6 km ITT course

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MAY 22, 2019	First Rider Off: 7:31 pm	Sign-on 6:30 pm	20.6 km ITT
SEPT 4, 2019	First Rider Off: 7:01 pm	Sign-on 6:00 pm	20.6 km ITT

All riders must ride alone and unassisted, and neither give nor take pace from another rider.

The onus is on the overtaken rider to drop back.

The onus is on each rider to negotiate the turn safely.

BAR points awarded by Age Category based on Age Standard +/- (except Master A – actual time).

ALL RIDERS AND HELPERS MUST BE PAID-UP MEMBERS OF EMCC.

### COURSE DESCRIPTION

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START on RR 220 south of Highway 14, approximately 200 metres south of the intersection with the old highway (TWP 512), at the WARNING GAS PIPELINE sign.

PROCEED SOUTH on RR 220 for 10.3 km to TURN at the CANCEEN access road, 50142 RR 221, on the west side of RR 220, 800 metres south of TWP 502 - **MARSHAL**.

**TURN IN THE ROAD WITH CARE** and retrace north on RR 220 to FINISH at the wooden power pole approximately 20 metres before the start.

### PARKING

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Park on the old highway (TWP 512), west of RR220 and immediately south of Highway 14, at least 10 metres away from the intersection and at least 5 metres away from the STOP sign.

### OFFICIALS/MARSHALS

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TIMEKEEPER #1                      START

MARSHAL                              TURN  
Park on the gravel access road at the turn, off the highway.

TIMEKEEPER #2                      FINISH