

EDMONTON MASTERS CYCLING CLUB

Graeme Dibbs Memorial – **ROAD BIKES ONLY**
MUIR LAKE CIRCUIT – 18.0 km ITT course

JULY 11th 2018 First Rider Off: 7:31 pm Sign-on 6:30 pm 18.0 km ITT

All riders must ride alone and unassisted, and neither give nor take pace from another rider.

The onus is on the overtaken rider to drop back.

The onus is on each rider to negotiate the turn safely.

BAR points awarded by Age Category based on Age Standard +/- (except Master A – actual time).

ALL RIDERS AND HELPERS MUST BE PAID-UP MEMBERS OF EMCC.

COURSE DESCRIPTION

START on TWP 532A at the field entrance approximately 120 metres west of RR 275.

PROCEED WEST on TWP 532A for 1.5 km to RR 280.

TURN RIGHT, WITH CARE onto RR 280 and proceed north for 5.7 km to TWP 540 (Muir Lake Road) – **MARSHAL #1.**

TURN RIGHT, WITH CARE onto TWP 540 and proceed east for 1.7 km to RR 275 - **MARSHAL # 2.**

TURN RIGHT, WITH CARE onto RR 275 and proceed south and east on RR 275/RR 540 for 1.9 km to RR 274 (Campsite Road) – **MARSHAL #3 .**

TURN RIGHT, WITH CARE onto RR 274 and proceed south for 5.7 km to TWP 532A – **MARSHAL #4.**

TURN RIGHT onto TWP 532A and proceed west for 1.5 km to FINISH at the field entrance approximately 110 metres east of RR 275.

PARKING

Park on the EAST side of RR 275 north of TWP 532A, well away from the intersection of TWP 532A/RR 275.

OFFICIALS/MARSHALS

TIMEKEEPER #1	START
MARSHAL #1	RR 280/TWP 540
MARSHAL #2	TWP 540/ RR 275
MARSHAL #3	TWP 540/RR 274
MARSHAL #4	RR 274/TWP 532A
TIMEKEEPER #2	FINISH